# FOOD ALLERGIES

The Base de Plein Air Mont-Tremblant staff is trained to handle allergy cases daily.

If necessary, menus and recipes are adapted to the peculiarities of the child's dietary restrictions and their allergies. The kitchen staff has the constant concern to control priority food allergens as well as intolerances.

To make the stay at camp as secure as possible, the kitchens are free of nuts and peanuts.

It should be noted that only cases of multiple allergies, soy and sulphites are not supported. Children must bring their own meals.

For all other allergies or intolerances to lactose, egg and gluten free. The parent, without exception, must provide us with details of his child's condition. (Example; to eggs: my child does not eat a complete egg, but he can eat them when baked in cakes, bread etc. ...).

For some allergies it will be suggested for both the child and the parent to provide meals and snacks (no nuts and peanuts) so that the experience at camp is lived fully and without fear.

Do not hesitate to ask the parents to contact us for any questions regarding our food allergy policy 819-425-2461.

CHILD'S NAME: _____

ALLERGIES OR INTOLERANCE: _____

COMPLETE DISCRIPTION :

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_____
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PARENT SIGNATURE : _____